Island Spirituality
Spiritual Values of Lewis and Harris
Alastair McIntosh

The Outer Hebrides are often caricatured for their strict religiosity. But, even amongst island residents who are not religious, there is an applied spirituality of community and communion which makes the people and place special, and exemplifies values much needed by today’s wider troubled materialistic world.

In this thought-provoking book, based on a lecture given in Stornoway in 2012, the Lewis-raised Quaker thinker and writer, Alastair McIntosh, sets out his own views on the theme of island spirituality. He outlines the main principles of Calvinist theology, and presents new evidence on how evangelical Presbyterianism came to the island in the early 19th century – ironically through the patronage of the island’s mysterious landowner, Lady Hood Mackenzie. He goes on to argue that, while much of today’s organised religion has become straitjacketed by particular doctrines, its profound influence on the island has created a remarkable society whose underlying spiritual values have much to teach the outside world.

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